

## Little things really do matter . . .

In late June, I found myself sitting in Norwich Cathedral on a rather grey and chilly day. You may remember that we had some beautiful weather early on, but by that point in the month, just when the Bishop had invited us to come and spend our pre-ordination retreat in his garden, it had turned rather cooler. In fact on that particular day we were sitting huddled in a marquee as the wind blew through it, sending papers and vases of flowers flying. We said Morning Prayers together and then we were invited to find some space for meditation.

In the past I have looked for a quiet spot in the garden but faced with light drizzle I decided to take up the kind offer of the cathedral and seek some peace there. Of course, it wasn't entirely peaceful. The cathedral is open to visitors and so there is a constant flow of people through the building, but that wasn't all. The day before a weekend filled with not just the usual services, but also three ordination services, there was a lot of activity from the staff and volunteers to get everything ready.

I found myself a seat in the main body of the building, planning to reflect on the beautiful stained glass windows and yet I found myself watching as they carefully prepared the cathedral for the big events. It wasn't just the normal cleaning and polishing, there were also vergers puzzling over seating plans. Usually, they would just have to



plan where the senior church leaders would sit. In these covid restricted days, the congregation had to be mapped out too. There was also a team arranging the most enormous floral displays. In a building that size, a normal display would be completely lost so they were creating arrangements on a grand scale that almost needed a ladder to arrange.

It made me think about all the other people working in the background, preparing things that, come the excitement of the day, could easily be overlooked. There was so much to be done; from writing the service, choosing the music, preparing the sermon, to printing the service sheets and putting them on seats.

The girls' choir would be singing for us which meant that someone, somewhere, was rehearsing them. Perhaps they would have to learn new pieces which they would be singing through at home. And who was preparing their robes and shining their shoes? The organist would have been practising their part for the day too, endlessly repeating phrases until they were perfect. Stewards would have signed up for duty and would be familiarising themselves with the plans so that they could offer help to guests and participants.

There was so much care and attention going into these things, many of which, on their own, might seem insignificant, but a single thing missed would stick out like a sore thumb.

Little things matter. Like the tiny pieces of glass in the cathedral's windows, when they are taken together they can become beautiful creations, even though each piece, set on its own might mean nothing. In the same way the things we do and the care we have for each other, our friends, families and neighbours, builds up into something amazing. Even if it doesn't feel that way at the time, the contributions we all make are important. This has never been more true than it is now.

You might feel that what you do doesn't matter. I wonder how many supermarket workers have said they 'just work on the checkouts' or 'just stack shelves' for instance, or how many hospital porters said they are 'just cleaners'. And yet in the last year and a half, people like them have been hailed as heroes for keeping things going.

It is too easy to only notice the glamorous or exciting jobs but, without the people working in the background to support them, things would fall apart. We are all part of God's glorious creation, individual pieces in a brilliant picture filled with colour and light, but unless all the pieces are there, whether at the centre or filling in around at the edges, the picture is incomplete. You matter.

### Rev Cate Turner

**Thank you message from Cate:** Thank you to everyone for your prayers, cards and gifts on the occasion of my ordination to the priesthood and my first Mass in June. It was a wonderful weekend and I was delighted that so many of you were able to join the services either online or in person. I was completely overwhelmed by your kind donations towards my communion set. It is simply beautiful and something that I will not only make good use of but will also treasure. Thank you.

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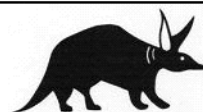
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Dippy on tour - yes he's finally arrived!

After some delays due to the pandemic, Dippy the Diplodocus will be at Norwich Cathedral for the next 3 months from 13<sup>th</sup> July to 30<sup>th</sup> October.



Choristers welcome Dippy to Norwich Cathedral

All of us will have the chance to see this wonderful dinosaur that has been travelling (with help!) around the UK for the last 3 years.

Andy Bryant (Canon for mission and pastoral care at the Cathedral) writes:

“Having a dinosaur in the Cathedral will bring some fun into our lives and after the last 18 months we all need some fun. But behind this fun is a serious purpose.

To be in the presence of a dinosaur puts our own lives in perspective. Here (at the cathedral) we often speak proudly of our 900 years of history, but as we think of the 150 million years ago, that this diplodocus roamed the earth, it places human existence in a fresh light.

The extinction of the dinosaurs also brings a new focus on the climate emergency we are all facing.

We also hope Dippy’s presence will help demonstrate that faith and science have an important creative relationship.”

There will be various workshops, activities and trails to follow, a great fun way for families and children to spend time exploring and learning together. I do hope you can come along to see Dippy and also take the opportunity to explore our beautiful cathedral at the same time.

Rev. Mandy



My Dog Jet

My dog is quite a character,  
As all dogs seem to be,  
He checks my perfume daily,  
To see if I smell of me.

Sometimes he does not approve,  
And runs far up the garden,  
He has a sneeze and all because,  
I wore Elizabeth Arden.

His favourite smell is Estee,  
And he cuddles on my knee,  
The expense is pretty awful,  
For my dog's fan-tasy.

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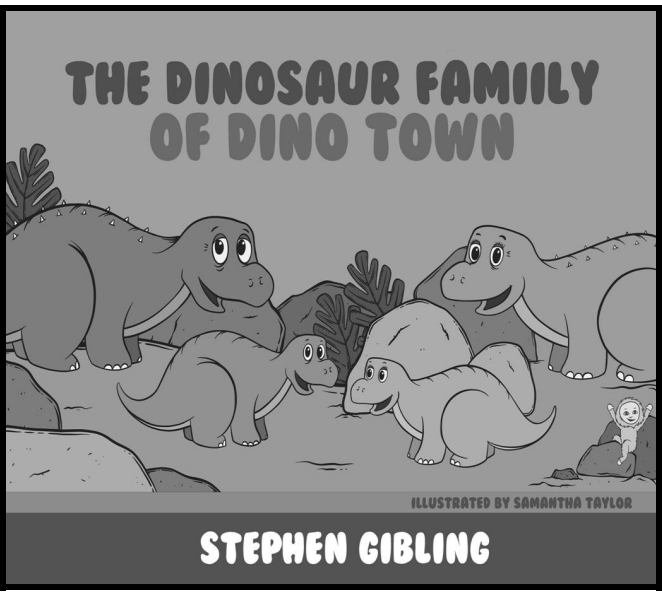
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9781838751753  
Genre: Children's /  
Teenage fiction &  
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About The Book

This is an entertaining, fun story which has a message. It's aimed at children that understand how hurtful bullying can be. However, it shows that it's not only hurtful for those that are bullied but also what happens when the bully eventually realises how wrong it is. It highlights what's good in people irrespective of what they have to endure.

The fun characters in the story show us what good can come out of an act of help and kindness and that sometimes it's the bully that actually needs help. Being the second in a series of stories with a message it gives the reader an insight into how a slight change in behaviour will help everyone.

About The Author - This is my second outing into writing a children's book. Following my first, The Plastic People of Plastic Town, I must admit it's a very enjoyable journey. With more to follow in the series, I hope that you will look forward to the next instalments as much as I am writing them, because deep down, I'm a kid at heart, but then again aren't we all!



Word Search for September - For some reason, the Church gives thanks for angels in September. The 29<sup>th</sup> is the feast day of Michael and All Angels. Since the days of Genesis, these messengers of God have been sent many times to intervene for the good in human affairs. Angels guarded the Garden of Eden, they led Lot away from Gomorrah, they helped Gideon, they stopped Balaam, they closed the mouths of lions for Daniel, and, most important, the archangel Gabriel was sent to tell Mary that she would mother the Messiah. Angels sat in the empty tomb of Jesus, and told of His Resurrection. Revelation is teeming with angels, sent on all sorts of missions by God in the last times. Today, many Christians in the world's hot spots report having had angels help them when in mortal danger.



Angels  
Church  
Feast  
Michael  
Genesis  
Messengers  
God  
Intervene  
Garden  
Eden  
Lot  
Gideon  
Balaam  
Mouths  
Lions  
Daniel  
Archangel  
Gabriel  
Mary



## Rockland Benefice Update

We hope you are keeping well and looking forward to the new season! May I offer a very warm welcome to our summer visitors. Our churches are open daily and offer a place for quiet reflection and a sense of the long history of our villages and their connection with God and the wider world. You are very welcome to join us at our services and events. Details of our services can be found on the Group service plan on the back of *Eleven Says*, and updates will appear on the Rockland FaceBook page and village websites wherever possible. We offer a mix of face to face and video services. If you would like to join our weekly circulation list, please contact Nick or Helen (details on back page).

The Barn has re-opened for groups and we are planning some drop-ins in the Autumn so that you can come along and enjoy a cuppa with us. Please see the *Barn Owl* monthly newsletter for more information about Barn activities and its online Art Cafe.

**On August 22nd the COP (Climate Change of the Parties) Relay comes to Rockland!** Since the G7 Summit in Cornwall, there has been a multi faith walking relay heading to the COP 26 Climate Meeting in Glasgow, as an act of witness to world leaders assembled there to make effective decisions in the face of the growing climate emergency. One walking route, organized by the Young Christians Climate Network and supported by the Bishop of Norwich, begins in Great Yarmouth and crosses Norfolk before handing on to the next county group at King's Lynn. The route follows Wherryman's Way as far as Norwich, and walkers will cross Reedham Ferry before walking up our side of the Yare. They will come to the Barn in the afternoon for food, washing, rest and some will stay overnight, before setting off towards Norwich the following morning.

The walkers are mainly young Christians and Muslims, but people of all ages, all faiths and none are welcome to get involved in the following ways:

1. Walking part or all the route with the group.
2. Writing a prayer and leaving it at one of the 'waystation' churches (e.g. Rockland St. Mary) or meeting houses to be carried by the pilgrims to King's Lynn.
3. Writing a letter to the Prime Minister and leaving it at one of the 'waystations' to be posted together with others from King's Lynn. Letters, messages and prayers can be e-mailed or left at the Rectory or in a box in St. Mary's porch in the weeks beforehand.
4. Offering to welcome the pilgrims at Rockland and to help with refreshments etc.

Please contact Nick and Helen if you would like to get involved. If you would like to find out more, visit [www.multifaithpilgrimage.org](http://www.multifaithpilgrimage.org)

**Confirmation** is a step we can make in our journey of faith. It's an opportunity to learn more, to share in the promises made for us at baptism and be admitted to receive holy communion. Bishop Alan is holding a Confirmation Service at Carleton St. Peter on **October 10<sup>th</sup> at 11am**. If you'd like to find out more or join our Confirmation Group meeting in September, please contact Nick and Helen for further information.



## Thurton Benefice Update

**Cate's Ordination:** It was a great joy to be present at Norwich Cathedral on Saturday 26th June as Cate was ordained as a priest. She celebrated her First Mass at St Peter & St Paul Church at Bergh Apton the next day which was followed by refreshments in the churchyard. Thank you to everyone who worked so hard to make it a very special day for Cate, her family and all of us.

**Church Services:** At the time of writing there is still some uncertainty about the restrictions which may still be in place for public worship as we move into August and September. We are attempting to increase the number of services and adopt a pattern closer to that which each parish prefers. Please be patient as we carefully expand our provision and I would encourage you to check the rota on the back page carefully to ensure you head to the right church at the right time in coming weeks. Do be assured that we will continue to follow all the guidelines to keep us safe when we gather for worship.

**On-line Services:** Due to a marked drop-off in attendance and the need for the clergy to be available for an increasing number of physically present services, we have taken the decision to stop our online services. We will, of course, keep this under review as we move forward and if circumstances change as we head towards the winter months.

**Weekday Communion:** Monthly Services of Holy Communion are offered on the first Thursday of each month at St Mary's church, Yelverton. In August it will be on Thursday 5th and in September, Thursday 2nd. Both services will be at 10.30am.

**Home visits and Home Communion:** The clergy are very keen to visit anyone who is unwell or feeling isolated or lonely, either simply for a conversation or to share Holy Communion in their homes. Please do contact us if you, or anyone you know, would like a visit.

**Finances:** The financial situation for most of our parishes in the benefice continues to be a concern. Thank you to everyone who has been making donations either at services, direct to the church accounts via BACS or by cash or cheque to the treasurers or myself. Please speak to me, the churchwardens or treasurers for more information on how to set up a regular gift through your bank and how to increase that gift at no cost to yourself through the Gift Aid scheme for taxpayers.

**As the clergy of the Benefice** we are always available to offer support so please contact us on:

Rev. Chris Ellis: 01508 484174

Rev. Cate Turner: 01508 498494

Fr Chris.

**A big thank you** to the organisers, collectors and supporters of Christian Aid Week, and everyone who sponsored my 300,000 steps in May, which raised a very encouraging £340 and £455 respectively!

**Rev. Nick**



## From the Registers

### BAPTISMS

30/05/21	Ellis OXBOROUGH	Framingham Pigot
13/06/21	Elsey Rae CLOUGH	Surlingham
20/06/21	Oscar CULLING	Yelverton
20/06/21	Teddy CULLING	Yelverton

### WEDDINGS

22/05/21	Robert HEYWOOD and Nicola GULRAJANI	Surlingham
23/05/21	Andrew BOOTH and Emma TRANTER	Rockland St Mary
12/06/21	John MAGEE and Helen BRETT	Rockland St Mary
26/06/21	Wesley BURTON and Claire PROUDLOVE	Framingham Pigot
03/07/21	Thomas VINCE and Melanie WILCOCKSON	Yelverton
10/07/21	Michael BATES and Alice STOCKTON	Framingham Pigot

### FUNERALS, BURIALS, CREMATIONS, INTERMENT OF ASHES

28/05/21	Hilda Louise THOMPSON (96)	Kirby Bedon
04/06/21	Margaret DEEKS (87) (Interment of ashes)	Rockland St Mary
05/06/21	Joan COLES (91) (Interment of ashes)	Bramerton
05/06/21	Tony COLES (97) (Interment of ashes)	Bramerton
09/06/21	Stanley Edward WILBY (87)	Bramerton
11/06/21	Maureen Elizabeth MARTIN (80)	Framingham Pigot
11/06/21	Robert Roger SAUNDERS (85)	Yelverton
23/06/21	Robert 'Bob' Ernest Arthur PATTERSON (79)	Rockland St Mary
02/07/21	Geoffrey Ronald SUTTON (94)	Bergh Apton
06/07/21	Henry David BLAKE (85)	Bramerton
09/07/21	Sylvia Grace RUSSELL	Surlingham

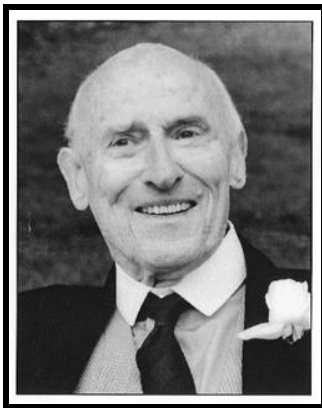
## Thanksgiving Service for David Blake of Bramerton

A Service of Thanksgiving for the life of David Blake, who died on 21st June 2021, will be held in St Peter Mancroft Church, Norwich on **Monday, 6th September 2021** at 3pm, followed by tea in the Assembly Rooms.

If you would like to attend, please advise:  
[blakememorial@outlook.com](mailto:blakememorial@outlook.com)

## David Blake, 1936 - 2021

Captain Henry David Blake died on 21st June 2021 aged 85 and his funeral took place at St Peter's Church, Bramerton on 6th July 2021, followed by cremation.



David had lived most of his life in Bramerton and had a wealth of knowledge about the locality. Bramerton Hall had been the family home for over 200 years and the Blake family have had a strong local presence throughout that time.

David had been a Bramerton Parish Councillor and in recognition of his considerable length of service to the Village was awarded the "Freedom of Bramerton" by the Parish Council when he retired from the Council two years ago.

He was also a member of the Bramerton Parochial Church Council with particular responsibility for the church building as Fabric Officer. His ancestors built the transept to the Church in 1860.

A source of much local history and village life spanning his lifetime, his knowledge and perspective will be greatly missed, together with his kindness and generosity of spirit.

Roger Smith

## Rockland St Mary Wedding



Emma TRANTER and Andrew BOOTH were married on 23rd May 2021 (on what should have been their 1st Wedding Anniversary) at St Mary's Church, Rockland.

The wedding was taken by Andrew's Uncle, Rev. Stephen Andrews, who is the Reverend at the James Paget Hospital.

Emma and Andrew would like to say a big **Thank You** to all in the community for their good wishes, loads of cards and gifts.

## Surlingham Baptism



Elsey Rae CLOUGH was baptised at St Mary's Church, Surlingham on June 13th.

She was supported by Mum and Dad, Megan and Mark, and also her big brothers, Casey and Harley, who helped with the water and towels.

It was a very happy and special day for all their family and friends.



## Surlingham Wedding

Robert HEYWOOD and Nicola GULRAJANI were married on 22nd May 2021 and were delighted to have their wedding at St Mary's Church, Surlingham.

Nicola walked down the aisle with her brothers, Adam and Dean, and her two amazing Page Boy nephews, Freddie and Charlie. Adam gave Nicola away and she was also



supported by her two beautiful Bridesmaids, Sarah and Leanna.

Rob's Best Man was Ben, and his team of Ushers were Kev, Foxy and Gaz.

Nicola and Rob would like to thank Mandy for conducting a lovely ceremony, Pippa for all her help with setting up the church and Peter for playing the organ. It was a fantastic day all round!

### ANSWERS to the Crossword on Page 8

**ACROSS:** 8, Kiriath Jearim. 9, Toe. 10, ill at ease. 11, Hated. 13, Miletus. 16, Started. 19, Micah. 22, Leviticus. 24, Eli. 25, Mary and Joseph.

**DOWN:** 1, Sketch. 2, Priest. 3, Samizdat. 4, Shalom. 5, Wept. 6, Breast. 7, Embers. 12, Art. 14, Limassol. 15, UNA. 16, Salome. 17, Adverb. 18, Decade. 20, Clever. 21, Height. 23, Tear.

## Veteran Oak Tree - Garrick Field, Alington

The Parish Council (PC) has responsibility for the very old Veteran Oak tree growing on the edge of the Garrick Field (Memorial Field).

Along with many villagers, the PC recognise that this is a much loved tree and its presence is valued, it can be seen from the public footpaths and nearby housing on Church Meadow.

Imogen Mole, South Norfolk District Council's Conservation and Tree Officer, visited and offered advice and compiled a report. Below are some of her comments:



"Ancient and Veteran trees are exceptionally valuable and considered an irreplaceable habitat. This individual has a stem diameter that qualifies it as ancient and also a number of veteran characteristics including decay features, such as branch death and hollowing. It has a good functional crown and is adapted structurally to these characteristics but there is evidence of fire damage.

The features present on this tree contribute to its biodiversity, cultural and heritage value and because of the evidence of fire damage coupled with its location in relative close proximity to dwellings, it could be at risk of future inappropriate work or further damage.

I recommend a Tree Preservation Order (TPO) is placed on this tree to secure its long term future and ensure best conservation practice and management of this tree."

If you are a BBC Spring Watch fan, the episode that aired on Wednesday 26th May explained why Oaks are such a valuable habitat supporting over 2,000 species. The Yelverton Oak now has a Tree Preservation Order (TPO) in place which will help to ensure its future for many years to come. The PC are currently planning for the Oak to be surveyed by a qualified tree surgeon and following this for any appropriate remedial work to be completed.

## South Yare Wildlife Group

### Housing and the Countryside

Anyone living in the countryside will be aware of the conflicting pressures of the need for more housing and the need to protect and preserve the countryside. As you read this article the consultation on South Norfolk Village Cluster Housing Allocations will probably have ended (August 2nd) and many of you will have expressed an opinion. The pressure for more housing in the countryside is increasing, and the Covid 19 outbreak has made many more people aware of the advantages in living with easy access to outdoor open space.

New housing impacts the environment directly through habitat loss, disturbance, increased traffic, more roads and pollution. However, the government has expressed its intention through the Environment Bill that all new development should lead to a 10% Biodiversity net gain; i.e. the negative impacts of housing should be offset by mitigation measures that have a greater positive impact on the environment. For that to happen it is important to know what is valuable about our local environment and what needs conserving.

In 2017 the South Yare Wildlife Group published the *State of the Natural Environment* report, which outlines all the unique natural features and important species of our area. This is available on request, or can be found on the SWYG website.

The Council for the Protection of Rural England have 6 key tests for planning which include the need for new housing to help achieve net zero target for carbon emissions, to reduce global warming and the threat globally to the natural world through climate change. Also, new developments must protect sites that are important for biodiversity and nature's recovery.

Housing developers are always driven by the need to lower costs and make profits, and therefore it is important that local people are vigilant and ensure that if housing goes ahead then that environmental mitigation measures are meaningful, can be sustained and lead to a genuine biodiversity net gain, and are just not "greenwash", and this is where we can have a real impact, both as individuals and collectively. If you want to help protect and conserve the environment please join us at SWYG. As the Covid 19 restrictions are coming to an end we are starting to plan walks and events for the Autumn and next year so please keep an eye on our website for further details.

Peter Armitage



[www.southyarewildlifegroup.org](http://www.southyarewildlifegroup.org)



## QUIZ FOR GARDENERS

### ANSWERS on P15

1. Name the evergreen hedge that has created many a neighbourly dispute?
2. The Monkey Puzzle tree originates from which country?
3. What herb is regularly mentioned along with Rosemary?
4. The RHS holds a flower show at Tatton Park, which is in what County?
5. Name the popular type of goldfish found in ornamental garden ponds.
6. What plant is used in the treatment of Leukaemia?
7. Soil can be Acidic, Alkaline or.....?
8. Is a blue tulip fact or fiction?
9. What can be placed over Rhubarb to make it longer and more delicate?
10. What colour rose is associated with Lancashire?
11. What yellow flowering tree is poisonous?
12. What is the name for sculpting hedges?
13. What bulb plant could be described as having a facial hair problem?
14. Butterflies - Red Admiral, ..... White?
15. Name the organic gardener with flower in his name?
16. What special attribute makes Lavender ideal for dry conditions?
17. What county did Capability Brown, the famous landscape designer originate from?
18. I am a woody stemmed plant, usually branched near the base and lacking a single trunk....what am I?
19. What is a whip?
20. A Hybrid Tea is a type of what plant?
21. Where do Pelargoniums originate from?
22. What type of plants can be found in a rock garden?
23. Rhizomes are a type of what plant?
24. What herb beginning with 'A' has soothing properties?
25. A dibber is useful for what?
26. Cacti are often referred to as what?
27. Kale, Cauliflowers, Brussel Sprouts are all what type of vegetable?
28. A beer trap can help control what type of pest?
29. A cloche can help protect plants from what?
30. Shepherds Purse is a type of what?

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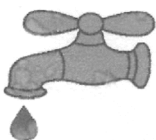
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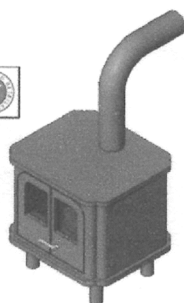
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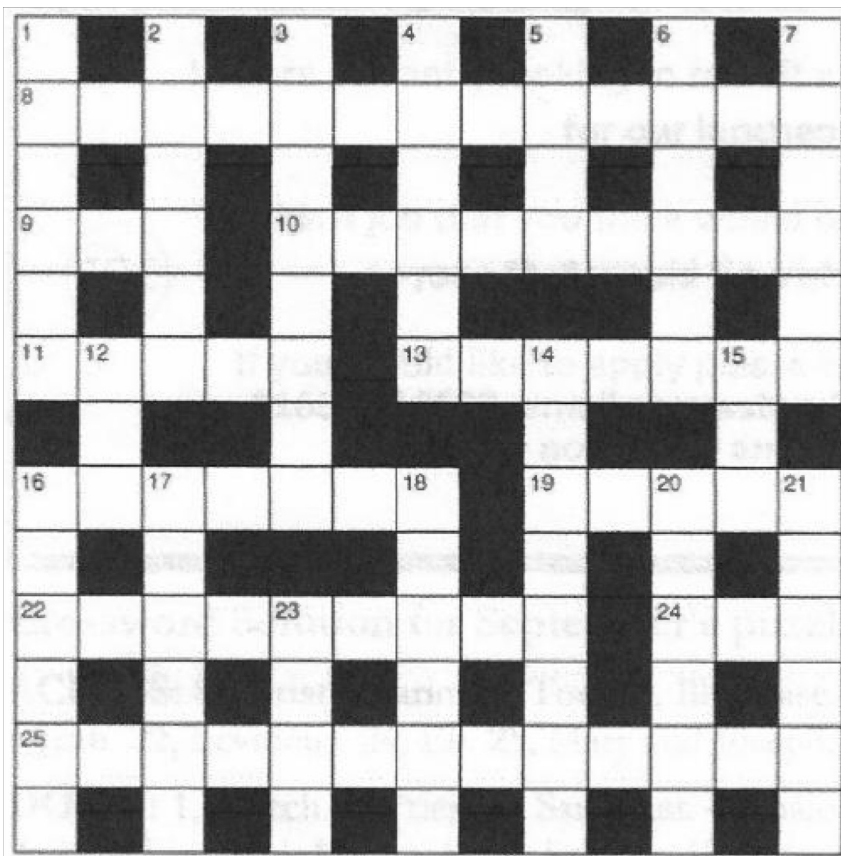
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### Clues Across

- 8 Where the ark of the covenant was kept for 20 years (1 Samuel 7:1) (7,6)
- 9 One of the parts of the body on which oil were put in the ritual cleansing from infectious skin diseases (Leviticus 14: 14-17) (3)
- 10 Uncomfortable (3,2,4)
- 11 'Yet I have loved Jacob, but Esau I have – ' (Malachi 1:3) (5)
- 13 Where Paul said farewell to the elders of the church in Ephesus (Acts 20:17) (7)
- 16 'Jesus bent down and – to write on the ground with his finger' (John 8:6) (7)
- 19 Prophet from Moresheth (Jeremiah 26:18) (5)
- 22 Comes between Exodus and Numbers (9)
- 24 and 2 Down 'Then Elkanah went home to Ramah, but the boy ministered before the Lord under — the — ' (1 Samuel 2:11) (3,6)
- 25 There was no room for them in the inn (Luke 2:7) (4,3,6)

### Clues Down

- 1 Rough drawing (2 Kings 16: 10) ( 6)
- 2 See 24 Across
- 3 Underground literature (including Christian books) circulated in the Soviet Union (8)
- 4 Lo, mash (anag.) (6)
- 5 The Bible's shortest verse: 'Jesus – ' (John 11:35) (4)
- 6 'Can a mother forget the baby at her – and have no compassion on the child she has borne?' (Isaiah 49:15) (6)
- 7 Can be seen in a dying fire (Psalm 102:3)(6)
- 12 'Send me, therefore, a man ... experienced in the – of engraving, to work in Judah and Jerusalem' (2 Chronicles 2:7) (3)
- 14 Second city of Cyprus (8)
- 15 United Nations Association (1,1,1)
- 16 One of the women who first heard Jesus had risen from the dead (Mark 16:1) (6)
- 17 Braved (anag.) (6)
- 18 – of Evangelism, outreach initiative in the 1990s ( 6)
- 20 Woe to those who are wise in their own eyes and – in their own sight' (Isaiah 5:21) (6)
- 21 'Neither – nor depth ... will be able to separate us from the love of God' (Romans 8:39) (6)
- 23 What Jesus shed in 5 Down (4)

Answers at bottom of Page 5

## Poringland and District W.E.A - Adult Learning Within Reach - Autumn Term 2021 -

### "Laughing Matters" given by Nigel Herwin

This informal and fun course explores the various types of comedy. It offers an insight into the inner workings of jokes, film comedy, sitcoms and stand-up without, hopefully, losing the ability to laugh!

Starting **Thursday 23rd September 2021** at 10.30 am at the Poringland Community Centre, Overton's Way, Poringland, NR14 7W. The course comprises 8 sessions of two hours each, plus a short break for tea/coffee and biscuits.

The cost is £63.20 for the course - free to those on certain means tested benefits. You can enrol online at [wea.org.uk](http://wea.org.uk) or by phoning **0300 303 3464**, quoting course no. C2228270. For more information, please phone **01508 500993**. Do come along and join us!

The WEA is a charity registered in England and Wales (no. 1112775) and in Scotland (no. SC039239)

### WEA Loddon Branch

If all goes well, this Autumn the Branch will take the first step towards a return to 'normal' life. An Annual General Meeting (AGM), in the Jubilee Hall, is being planned for 2.30 pm on Monday September 27<sup>th</sup>. Whatever rules might, or might not, be in force at the time, we shall be taking no risks and will adhere to observance of the present measures of distancing, hand sanitising and wearing masks.

The business of the AGM will include renewal of the Committee. There are at present eight Committee members, but half of them have served for many years and would like to withdraw, although continuing in their support for the WEA. If there is anyone who would like to join the Committee and help to run the Branch, this would certainly ensure its immediate future.

It is hoped to have a guest speaker at the AGM as a reminder of the Branch's main focus. All being well, it will at last be possible to offer a series of face-to-face talks in the Spring of 2022. The subject chosen is: 'What is criminology?' and the speaker will be Jack Fawbert. Further details will be given at the September meeting.

In the meantime, the WEA offers a variety of on-line talks and courses all year round. See what is on offer by going to: WEA Eastern region courses.



St Peter's Church, Bramerton

# Village News



BERGH APTON ARTS presents a trail like none other  
**8-12 & 22-26 September.** Info and tickets:  
<https://bacat2021.wixsite.com/bacat>  
Info: 01508 480696

It's all coming together and gathering pace. Do book early as tickets for our events sell faster than hot cakes! Treats are in store for those who quietly walk the 04tR' trail. Visitors will need a smart phone but we are aware it is not everyone who has one of these and we shall do our best to see those without are not left out. To keep 'Covid' at bay, booking is at 20-minute intervals in groups of 6, so either join or form a group yourself when booking tickets.

For some things we still need help. If you are interested, please contact [c.m.meynell@gmail.com](mailto:c.m.meynell@gmail.com) about:

1. Joining a LandArt Workshop with Liz McGowan 28<sup>th</sup> August
2. Helping with Reception during the Trail (dates above)
3. Creative programme folding and the like (dates to be announced)
4. Donations of unwanted and spare wool, yarn etc. There are boxes at Giants Wood, Cookes Rd, Bergh Apton and at Surlingham Church.

All sorts of things have happened. A selection of writings from workshops taken by Hugh Lupton, the well-known story-teller and writer, have been recorded. As you can see from the photograph there was quite a gathering at Bergh Apton Church on a beautiful May afternoon to do this.



Covers for CDs, made in the village, have been painted, printed and collaged. These will become collector's items, without a doubt. They will be for sale and contain music especially composed by Mary Lovett, recorded readings, and the Voice of the River Chet accompanied by two singers! 'The Happy Couple', David and Judith, have also been commissioned, and have added films to their compositions.

During the Trail, wits can be honed on a cunning puzzle and those who solve it might even receive a reward.



Pippa, Pennie and Sheridan created a willow ring to sit atop a "Riddle Pole" from where riddles written by Hugh's workshops group will hang to tax visitors further. A set of postcards with writings and illustrations have been prepared to be presented to the trail's travellers. A labyrinth has been made, no easy task; signs to mark the twelve 'stop, look and listen' halts have been painted; QR codes to access, with passwords, readings and music are being set; there are no idle hands for those involved.

The trail is to be contemplative, quiet and can be walked as a meditation. Treats in store! Don't forget to book!

Pat Mlejnecky, Peter Lyle, Christopher Meynell

## Remembering Alzheimer's

Alzheimer's is now considered such a serious problem that from this year, September 2012, the annual World Alzheimer's Day (21 Sept) has been transformed into World Alzheimer's Month. Throughout September, Alzheimer associations across the UK and world will offer a range of programmes for people with dementia and their carers.

There are currently nearly a million people in the UK with dementia, and this number is expected to rise to 1.7 million by 2050. Worldwide, the figure is closer to 40 million, projected to rise to a staggering 100 million by 2050. Already, every church and community in Britain has people and families who are facing the horrendous challenges of this truly terrible disease.

Pam Rhodes, BBC TV presenter of Songs of Praise, once put it like this:

"Dementia is a cruel robber. It robs people of their memory, their personality, their ability to recognise, it robs them of themselves and the life they've known. Confusion and strangeness replace the familiar and safe."

It has been found that many Christians with dementia respond well to having the Bible read to them, or hearing familiar hymns. The peace and reassurance of the words often have a wonderfully steadying effect - on both the sufferer and the carer!

## St George's Dementia Support Group

Meetings have resumed after lockdown and the next meeting is on **Monday 9th August** from 10 -12 noon. The address is St George's Church Hall, Long Lane, Stoke Holy Cross, NR14 8ND. It is before you go down from Poringland to Stoke.

Sufferers of all types of dementia and their carers are very welcome. For more information please feel free to ring 01508 493661 or 01508 432938

## With the Olympics in mind . . .

### ERIC LIDDLE 1902 -1945

Eric, made famous by the film 'Chariots of Fire', was already well known for his performances in the 1924 Olympics in Paris.

He was tipped to win the 100 metres but refused to take part on religious grounds because the heats were to be run on a Sunday. Instead, he won a bronze medal in the 200 metres and then, amazingly, won the gold medal in the 400 metres, a distance at which he was comparatively inexperienced. Not only that, but he won in a world record time of 47.6 seconds.

He went on to become a Christian missionary in China.

During the Second World War, Liddle was interned by the Japanese and died of a brain tumour while still in the Weihsien camp.



# Village News

## Alpington & Yelverton

Alpington with Yelverton Parish Council

**Annual Parish Meeting** - We look forward to seeing residents of Alpington and Yelverton at our Annual Parish Meeting which will be held on Monday, 6th September at 7.30pm (doors open from 7.15pm) at Alpington Village Hall.

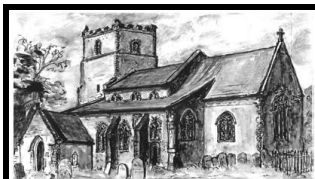
This year the format of our meeting will be different from previous years. After the short formal business is concluded, we will have a number of stands from several local groups where you can learn more about the activities taking place in our villages. You can also meet your local councillors and find out about the Parish Council's activities over the past couple of years and plans for the future.

An agenda for the meeting and further details will be posted on the Village Notice Boards and Community website ([www.alpingtonwithyelverton.com](http://www.alpingtonwithyelverton.com)) closer to the date.

**Community Benefit Fund** - Since 2015, Alpington with Yelverton Parish Council have received an annual payment from the Avenue Solar Farm. Last year this amounted to £9,758.41. This money is put into the Community Benefit Fund and each year local groups and individuals are invited to apply for a grant towards projects or activities in Alpington and Yelverton that benefit the community as a whole or a group of residents.

Projects that have received grants in the past include the restoration of the Village Pond, improvements to the Play Area, new flooring and car park resurfacing at the Village Hall and the resurfacing of the Village School Playground. Last year, funds were provided to help local groups, such as the Alpington 1st Guiding Group, restart activities after incurring extra costs due to the Covid-19 pandemic.

This year the closure date for grant applications is 15th October. Application forms and more information will be provided at the Annual Parish Meeting. Information and details of how to obtain application forms will also be posted on Village Notice Boards and the Community website.



### FRIENDS OF ST. MARY'S CHURCH

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**Saturday, 21st August from 10.30 a.m. to 12 noon**

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would be greatly appreciated J

Paris Back and Liz Lester

## Carleton St Peter

Nothing lasts forever my youngest son told me the other day. Sadly, this is very much the case in Carleton St Peter. The committee would like to express enormous thanks to Linda Goffin and Bill Carson who have both retired, they will be very much missed and have both been valuable members of our committee.

**The Flower Festival** is taking place on **14th and 15th August** and the theme is '**past characters of the area**'. It is a nod to all of those who have helped lay the foundations in our villages. The festival will conclude on Sunday 15th August at 4pm with a Memorial Songs of Praise Service.

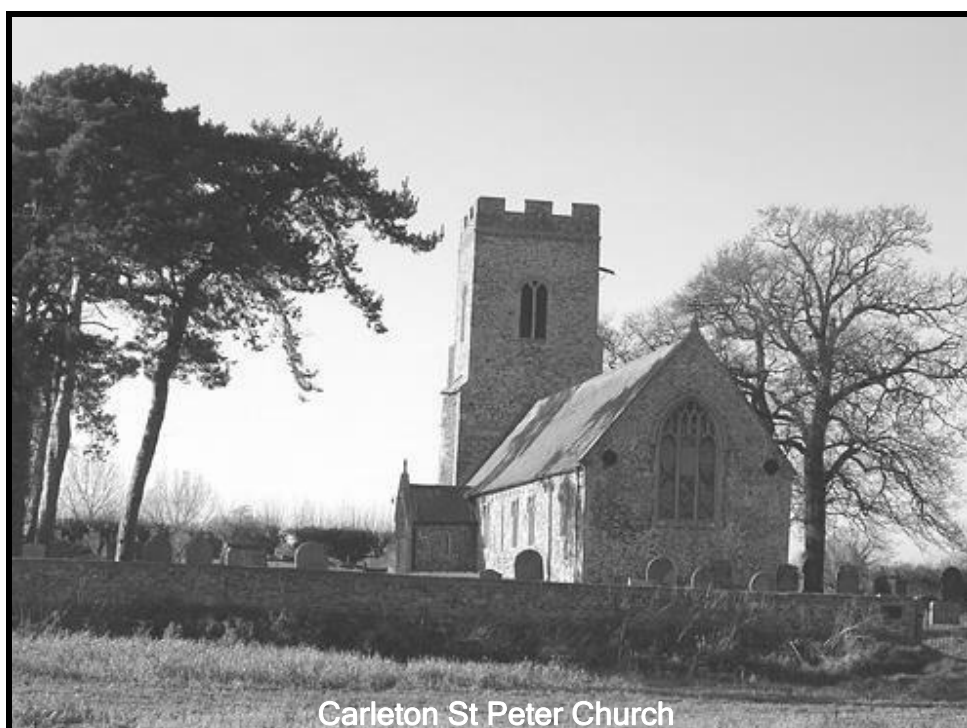
Thank you to Dick Fisher for strimming and Greg Meo for cutting the churchyard and finally Maureen Vale for her help in making the church look lovely with flowers. We have had two very well attended services in June and July. Thank you to all those who supported us, thus bringing the community together once again after lockdown.

#### Future events:

**14th and 15th August - Flower Festival**

**15th August at 4pm - Songs of Praise**

**5th September 11am - Holy Communion**



Carleton St Peter Church

# Village News

## Claxton

### Claxton and Carleton Village Hall

It has been good to see some of our regular users returning to the hall as regulations have allowed and The Social Club reopening on a Friday evening. The refurbishments seem to have impressed most people and we have a number of private bookings over the coming months. With the prospect of greater freedoms in the near future we look forward to seeing the hall in regular use. Our Cake, Coffee and Chat sessions have been successful and will continue until the Community Café is able to return. Please look out for the posters advertising the dates for this.

We are currently looking for a reliable and flexible cleaner for the Village Hall. If you are interested please call 01508 480693

### St Andrew's Church, Claxton

It has been good to return to a more regular pattern of services. Everyone is welcome to join us for any of these. Please check the back of Eleven Says or look out for the posters detailing services for the next month.

The task of cleaning and maintaining the building, as well as keeping the church yard accessible, is a constant challenge and we are grateful for the support we receive in doing this. When working in the church or the church yard we regularly encounter visitors who are impressed by our beautiful, ancient church. At the same time, we are only too aware of the responsibility of maintaining this special place for future generations, just as our ancestors have looked after it for the last 1,000 years. If you feel you could help in any way we would be delighted to hear from you.

The Norfolk Churches Cycle Ride, which takes place on September 11th, is a good way to support our church building while having a fun day out. Details available from Sarah Carter 01508 480555.

### Rockland St Mary & District Gardening Club

On June 23rd, a lovely summer evening, over 30 members explored the gardens at the White House in Bramerton, at the invitation of Ruth Darrah. The large turnout took advantage of an evening out to socialise and view the varied garden and the planting in a courtyard setting.

The visit was followed by twilight refreshments with sumptuous cakes at Applebee, the home of Ruth and John Everett, and visiting their orchard and woods.

On **Thursday 26th August** we are going to Homestead Nursery in Kirstead Green, NR15 1EE, for a 'behind the scenes' tour starting at 7pm

Our **September** meeting is a visit to Salix, The Street, Claxton. This will be an afternoon visit at 3pm.

Unfortunately, we have had to cancel our Summer Show due to Covid restrictions.

New members are always welcome. Please feel free to contact Ruth Everett 01508 538231 for more information.

## Surlingham

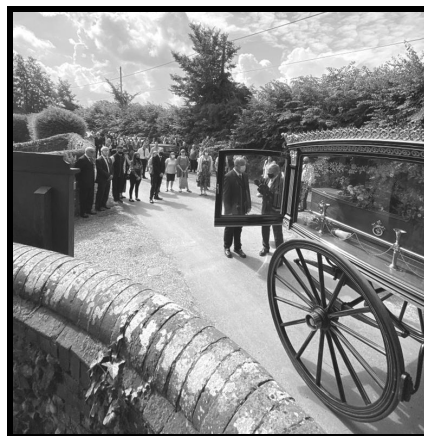
### Sylvia Russell

Sylvia was born in Surlingham and lived there all her life. She loved to travel but was always pleased to come home.

Sylvia was a hard working lady, with a warm smile and a great sense of humour.

Since opening the village shop and post office 18 years ago she connected with many people, they weren't just customers but her friends too.

She was a huge part of the community. On our walks round the village, people would often ask after her and send their regards.



We knew she was popular but had no idea just how much and we have been so overwhelmed by all the messages we have received since her passing, also by the amount of people who came to pay their respects at her funeral.

We were able to give her the amazing send off that she so deserved.

Carla

### A Young Girl's Prayer

A prayer probably written by a Brownie and found in the possessions of a very old, local Guider when her house was being cleared after her death. The prayer, although over 50 years old, is still relevant today.

Dear Lord

Please help all the people who are sick and suffering throughout the world.

Make us truly thankful for our own good health and all the things you provide us with to make us happy.

We take so much for granted so please make us aware of other people who are less fortunate than ourselves.

Help us to carry on your good work.

Amen



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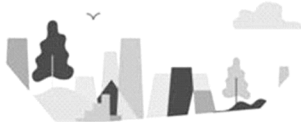
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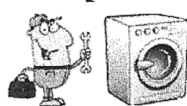
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**ANSWERS to the QUIZ on P6**

1. Leylandi
2. Chile
3. Thyme
4. Cheshire
5. Koi
6. Vinca, a strain of the Perrywinkle
7. Neutral
8. Fiction
9. A Rhubarb Forcer
10. Red
11. Laburnum
12. Topiary
13. The Bearded Iris
14. Cabbage
15. Bob Flowerdew
16. Small leaves
17. Northumberland
18. A shrub
19. A young seedling or grafted tree without branches.
20. Rose
21. South Africa
22. Alpines
23. Bulbous
24. Aloe Vera
25. Planting seeds
26. Succulents
27. Western Brassicas
28. Slugs and snails
29. Frost
30. Weed

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	1st Aug Trinity 9 Green	8th Aug Trinity 10 Green	15th Aug BVM White	22nd Aug Trinity 12 Green	29th Aug Trinity 13 Green	5th Sept Trinity 14 Green	12th Sept Trinity 15 Green	19th Sept Trinity 16 Green	26th Sept Trinity 7 Green	3rd Oct Trinity 18 Green
Ashby	09.30 MP		11.00 HC		10.00 GROUP HC YELVERTON	11.00 MP		11.00 BENEFICE HC		
Bergh Apton			09.30 PT	09.30 HC (BCP)	10.00 GROUP HC YELVERTON	09.30 HC				09.30 HC
Bramerton	11.00 MP			16.00 OUTDOOR EVENSONG	10.00 GROUP HC YELVERTON		11.00 HC			
Carleton St Peter			16.00 FLOWER FESTIVAL Songs of Praise		10.00 GROUP HC YELVERTON	11.00 HC				11.00 HARVEST FESTIVAL
Claxton	9.30 HC		09.30 MP		10.00 GROUP HC YELVERTON	09.30 HC		09.30 HARVEST FESTIVAL		09.30 HC
Fram. Pigot	11.00 HC			11.00 HC	10.00 GROUP HC YELVERTON		08.15 HC (BCP)		11.00 HC	
Kirby Bedon			11.00 HC		10.00 GROUP HC YELVERTON			11.00 HC		
Rockland St Mary		09.30 HC		09.30 HC	10.00 GROUP HC YELVERTON 16.00 E P		09.30 HARVEST FESTIVAL		09.30 HC	
Surlingham			09.30 MP	09.30 HC	10.00 GROUP HC YELVERTON			09.30 HC	10.00 Family Service and BAPTISM	
Thurton		11.00 BENEFICE HC			10.00 GROUP HC YELVERTON	11.00 HC	16.00 EP			11.00 HC
Yelverton			9.30 HC	1600 ALL 4	10.00 GROUP HC		09.30 HC		16.00 ALL 4	09.30 PT

**CODE:** HC = Holy Communion; **E. Praise** = Evening Praise; FC = Family Communion; FW = Family Worship; MP = Morning Prayer; EP = Evening Prayer; .PT = Parish Team; VM = Vestry Meeting. **Weekday Holy Communion at St Mary's Yelverton on Thursdays 5th AUGUST and 2nd SPETEMBER at 10.30 am**

### Bible Readings Sunday by Sunday: August and September 2021

Date	Old Testament	Epistle	Gospel	
01/08/21	Exodus 16.2-4,9-15	Ephesians 4.1-16	John 6.24-35	9th Sunday after Trinity
08/08/21	1 Kings 19.4-8	Ephesians 4.25 - 5.2	John 6.35,41-51	10th Sunday after Trinity
15/08/21	Revelation 11.19-12.6,10	Galatians 4.4-7	Luke 1.46-55	The Blessed Virgin Mary
22/08/21	Joshua 24.1-2a,14-18	Ephesians 6.10-20	John 6.56-69	12th Sunday after Trinity
29/08/21	Deuteronomy 4.1-2,6-9	James 1.17-27	Mark 7.1-8,14,15, 21-23	13th Sunday after Trinity
05/09/21	Isaiah 35.4-7a	James 2.1-10[11-13] 14-17	Mark 7.24-37	14th Sunday after Trinity
12/09/21	Isaiah 50.4-9a	James 3.1-12	Mark 8.27-38	15th Sunday after Trinity
19/09/21	Wisdom of Solomon 1.16 - 2.1,12-22	James 3.13 - 4.3,7-8a	Mark 9.30-37	16th Sunday after Trinity
26/09/21	Numbers 11.4-6,10-16, 24-29	James 5.13-20	Mark 9.38-50	17th Sunday after Trinity
03/10/21	Genesis 2.18-24	Hebrews 1.1-4; 2.5-12	Mark 10.2-16	18th Sunday after Trinity

**Please note:** At Holy Communion, where only two readings are used, the first reading will usually be the Epistle, and the second will always be the Gospel reading. At other services where two readings are used, the first will usually be the Old Testament reading, and the second can be either the Epistle or the Gospel readings.



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		<b>Times of Masses</b>		<b>Contributions, Page Layout and Design:</b> <b>Angie Yeomans</b> 15 Bramerton Lodge, Bramerton, Norwich. NR14 7EQ. <i>Tel.</i> 01508 538131 <i>(Answerphone)</i>
		Saturday	6 pm Loddon	Contributions are very welcome subject to the Board's discretion and available space. <b>Deadline for all material ("copy") for the next issue is 10th SEPTEMBER 2021.</b>
		Sunday	9 am Poringland	
		Daily Mon-Fri	8 am Poringland	
Saturday	9 am Poringland	<b>Email: <a href="mailto:elevensays@hotmail.com">elevensays@hotmail.com</a></b>  <b>Produced by: Angie Yeomans</b>  <b>Printed by: Interprint</b> , County Hall, Martineau Lane, NORWICH. NR1 2DL <i>Tel.</i> 01603 894195		
<b>Staff days off.</b>				
Monday	Chris Ellis			
Thursday	Mandy Ansell			
Friday	Nick and Helen Garrard			
<b>NEXT ASSEMBLY: SATURDAY SEPTEMBER 25th, BERGH APTON VILLAGE HALL, COOKE'S ROAD, NR15 1AA, 9am - 11am (approx)</b>				